

Sunshine Volleyball Camps (Boys and Girls)

Do you want to play volleyball like professionals, step up your game to the next level, and improve your volleyball skills? Come out and join our beach volleyball clinics this summer!



SKILLS LEARNED

Ball control, shot placement, passing, serving, spiking, blocking, agility, and digging. Coaches will use low to moderately paced drills to practice technique and continue development of fundamental skills. Instruction will stress good technique, on court communication, offensive and defensive strategies.

LOCATION

Dog Beach, Delmar

TIME AND DURATION OF CLINICS

**Every Tuesday 5 p.m. to 7:00 p.m.

**Every Sunday 9 a.m. to 11 a.m.

Camp starts on June 29th

COST

Group lessons, 4 or more players:
\$30 for 2 hours clinic

Cost for private lesson is \$40/ 2 hours lesson.

PRIVATE LESSONS

The private coaching program provides a higher level of intensity with target goals and objectives for players based on their competitive needs. Coach will be working one on one with the player.

CONTACT INFO

Sunshinebeachvolleyball@yahoo.com

Please make sure you bring sun block and water!